

Health and Well-being Services

Counseling Center

- Individual Counseling & Group Therapy
- Workshops and Presentations
- Crisis Services
- Therapy Dogs
- Husky Helpline
- Consultation and Outreach
- Limited Psychiatry Services
- Connections with ongoing Mental Health Services

Husky Health Center

- Primary Care
- Same Day Care
- Physical Therapy
- OB/GYN
- Nurse Advice
- Travel and Sports Medicine
- Nutrition
- Immunizations
- Room 101 Health Supplies

LiveWell

- Alcohol & Other Drug (AOD) Consults
- Confidential Advocacy for Survivors
- Wellness Events
- Peer Health Education Workshops
- Peer Groups
- Peer Wellness Coaching
- Suicide Intervention Program (SIP)
- Student Needs Navigation

Your **health**
Your **well-being**
Your **voice**

Fill out this short survey
and help shape health
and well-being at UW,
now and for every Husky
to come!

Student Health Fee Survey



For additional info, visit:
wellbeing.uw.edu/healthforeveryhusky

Health for **Every Husky**

Mental Health
Health Education
Health Care



Student Health Fee Survey

Support Student
Health & Well-being

What is the health fee?

The Student Health Fee is a proposed fee of **\$125 per student per quarter**, assessed to enrolled UW-Seattle students and included within the standard tuition and fee structure.

This fee would establish consistent funding to support, sustain and improve the historically underfunded health and well-being services that students rely on — **services whose demand has outpaced current funding sources.**

- **Counseling Center**
- **Husky Health Center**
- **LiveWell**

This fee is not health insurance.

It is a shared investment that supports on-campus services available to all students, **regardless of insurance status.**

How do we compare?

Other Washington State colleges charge health fees ranging from \$100 to \$190 per quarter, with the highest at WSU Pullman (adjusted from its semester rate). UW students would still **pay less than students at most comparable institutions nationwide.**



Benefits of a Health Fee

Counseling Center

- Reduced wait times for \$0 counseling (individual and group)
- Expanded low-barrier “Let’s Talk” therapist consultations
- Same-day in-person crisis services
- More diverse staff and broader areas of expertise
- Continued workshops and groups on attention, sleep and coping skills
- 24/7 counselor access via Husky Helpline

Husky Health Center

- More physicians and medical providers
- Shorter appointment wait times
- Year-round access to care
- Improved support for uninsured and underinsured students
- Reduced reliance on private insurance billing
- Expanded services for insurance navigation, care coordination and reproductive health counseling

LiveWell

- More resources for students facing housing or food insecurity, including expanded Food Pantry support
- Expanded advocacy and support for survivors of sexual assault, relationship violence and stalking
- Free health supplies and prevention kits
- Fully funded Peer Wellness Coaching for one-on-one student support
- Tailored workshops on bystander intervention, sexual assault prevention and suicide response
- Enhanced campus-wide suicide prevention programs
- Alcohol and drug service recovery support

Who would oversee it?

A **student committee with subject matter expertise** on health and well-being needs and services, advised by health and well-being staff.

Student Health & Well-being Units

Counseling Center

The UW Counseling Center is a mental health resource where currently enrolled students can receive assistance with adjustment issues, depression, anxiety, relationship concerns and a variety of other challenges.

Husky Health Center

The Husky Health Center provides exceptional medical care to our diverse student body as well as established non-student patients. Through all of our services, we work to promote lifelong well-being, achievement and resilience.



LiveWell

LiveWell: Health Promotion & Prevention supports student well-being through confidential advocacy for survivors, substance use education, suicide prevention initiatives, peer wellness coaching, basic needs navigation, skill-building workshops and engaging wellness events.