Let's Talk is a program that connects UW students with support from experienced counselors from the Counseling Center and Hall Health Center without an appointment. Counselors hold walk-in hours at two sites on campus. Let's Talk offers informal consultation - it is not a substitute for regular therapy, counseling, or psychiatric care.

Talking with a counselor can help provide insight, solutions, and information about other resources.

**Tuesdays @ 2-4 PM**
Kelly ECC  
Room 306

**Wednesdays @ 2-4 PM**
Q Center  
HUB 315, Discourse Lounge

**Fridays @ 2-4 PM**
CIRCLE  
Schmitz 250

**What does it cost?**
**Nothing.**

**What should I expect?**
**Confidential, private, & one-on-one.**

**Where do I sign up?**  
**No appointment neccessary.**
I NEED TO TALK TO SOMEONE

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What does it cost? Nothing.

What should I expect? Confidential, private, & one-on-one.

Where do I sign up? No appointment necessary.

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What does it cost?
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What should I expect?
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Where do I sign up?
**No appointment necessary.**
I’m worried about a friend

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