

Party with a Plan Kit

WHAT THIS KIT CAN INCLUDE:

FENTANYL TEST STRIPS, NALOXONE, EAR PLUGS, A DECK OF CARDS, AND FUN EXTRAS!

Hey Huskies! If you party, party with a plan

- ★ Plan a route home before you go
- ★ Eat before you drink alcohol
- ★ Know what you're drinking

STANDARD DRINK:



1 OZ HARD
ALCOHOL



5 OZ
WINE



12 OZ
BEER

You can minimize harm by:

- ★ Drinking water
- ★ Pacing your drinks →
- ★ Using one substance at a time

Try alternating alcoholic drinks with non-alcoholic drinks or water

Know the tools & skills to save a friend's life

If someone is experiencing an **alcohol overdose**, put them in the recovery position and call 911.



If someone is experiencing an **opioid overdose**, put them in the recovery position, call 911, and administer naloxone if available.



DID YOU KNOW?

According to the Good Samaritan Law, "a person acting in good faith who seeks medical assistance for someone experiencing a drug or alcohol related overdose shall not be charged or prosecuted for possession of a controlled substance."

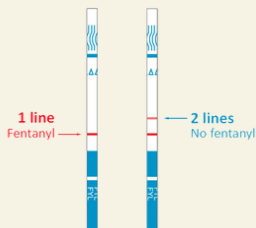
When in doubt, make the call – you could save someone's life.

What is Naloxone?



A medication designed to reverse an opioid overdose. Read package instructions for how to administer.

What are Fentanyl Test Strips?



Test strips can identify the presence of fentanyl in drugs, reducing risk of overdose/death.

Know your resources

★ LiveWell has private Alcohol & Other Drug Consultations for you!



★ Want to learn more? Schedule an Alcohol, Cannabis, or Naloxone Education workshop.

